



“Preterm infants may be encouraged to bottle-feed **before they are physiologically or behaviorally ready**, subjecting them to a trial-and-error approach that can **increase stress and detract from success.**”

McGarth, J. & Braescu, A. (2004). State of the science: Feeding readiness in the preterm infant. *Journal of Perinatal & Neonatal Nursing*, 18(4), 353-368.

